Track: 2022-07-30 Monte Velino da Cartore — **Date: 31/07/2022**

Track: 2022-07-30 Monte Velino da Cartore	**IBP = 197 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	23.12 Km
Analyzed distance	23.12 Km
Lineal distance	0.02 Km

Accumulated climb	2047.6 m
Accumulated descent	2049 m
Maximum height	2486.4 m
Minimal height	963 m
Climb rate	19.1 %
Descent rate	17.21 %
Positive climb difference per km	88.56 m
Negative descent difference per km	88.62 m

Total time	8:13:52 h
Time in movement	7:20:13 h
Stopped time	0:53:39 h

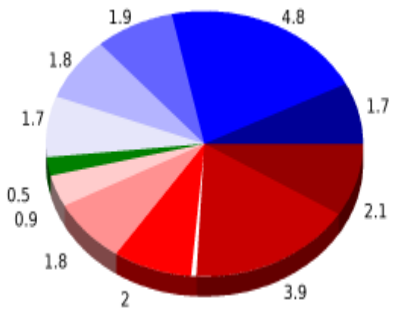
Total speed average	2.81 Km/h
Average speed in movement	3.15 Km/h
Maximum held speed	6.31 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1344 (cad. 17.2 m)
Significant points	602 (cad. 38.46 m / 44.79 %)
Aberrant points	28 (2.08 % d. total)

Direction changes per km	13.67
Direction changes >5º per km	11.59
Accumulated straight stretches	2.976 Km
Straight stretches per km	128.72 m
Penalizables slope changes	15
Penalizables slope changes per km	0.649

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Summary of slopes

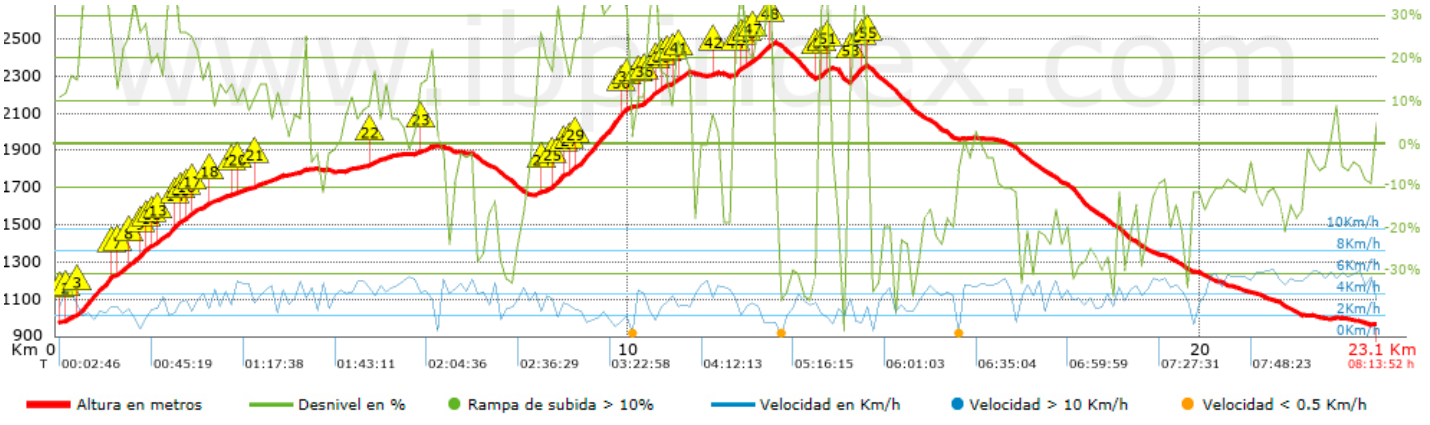


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.147	9.29	1.64	1:18:26
	Between 15 and 30%	3.897	16.86	2.6	1:29:50
	Between 10 and 15%	2.049	8.86	3.52	0:34:54
	Between 5 and 10%	1.778	7.69	3.97	0:26:54
	Between 1 and 5%	0.852	3.68	4.56	0:11:13
	Total :	10.722	46.38	2.67	4:01:17
	Plain				
	Difference of 1%	0.489	2.11	5.09	0:05:46
	Breakdown descents				
	Between 1 and 5%	1.733	7.5	4.14	0:25:08
	Between 5 and 10%	1.774	7.67	4.5	0:23:39
	Between 10 and 15%	1.917	8.29	4.52	0:25:26
	Between 15 and 30%	4.825	20.87	3.71	1:17:59
	Between 30% and 55%	1.658	7.17	2.43	0:40:58
	Total :	11.906	51.5	3.7	3:13:10
	Total track :	23.12	100 %	3.15	7:20:13

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.031	11 %	165 m
2	0.196	15 %	223 m
3	0.419	35 %	530 m
4	0.949	25 %	43 m
5	0.992	15 %	65 m
6	1.057	19 %	34 m
7	1.091	21 %	154 m
8	1.245	29 %	251 m
9	1.496	29 %	64 m
10	1.561	19 %	153 m
11	1.714	15 %	34 m
12	1.748	13 %	65 m
13	1.813	30 %	226 m
14	2.039	28 %	110 m
15	2.15	26 %	151 m
16	2.301	25 %	30 m
17	2.332	19 %	366 m
18	2.697	12 %	356 m
19	3.053	11 %	101 m
20	3.154	11 %	112 m
21	3.434	12 %	405 m
22	5.473	17 %	160 m
23	6.333	12 %	170 m
24	8.413	16 %	284 m
25	8.697	34 %	144 m
26	8.841	21 %	113 m

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27	8.953	21 %	96 m
28	9.049	24 %	37 m
29	9.087	36 %	823 m
30	9.91	29 %	30 m
31	9.94	32 %	33 m
32	9.974	12 %	38 m
33	10.135	11 %	43 m
34	10.178	14 %	85 m
35	10.263	22 %	29 m
36	10.292	25 %	150 m
37	10.442	31 %	108 m
38	10.551	19 %	74 m
39	10.625	13 %	128 m
40	10.753	16 %	66 m
41	10.818	24 %	202 m
42	11.465	11 %	112 m
43	11.845	21 %	33 m
44	11.878	31 %	110 m
45	11.987	23 %	120 m
46	12.107	18 %	104 m
47	12.211	31 %	277 m
48	12.488	27 %	44 m
49	13.306	20 %	42 m
50	13.348	33 %	155 m
51	13.504	12 %	39 m
52	13.846	11 %	30 m
53	13.875	34 %	240 m
54	14.116	28 %	31 m

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 55	14.146	13 %	32 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3865.071	16.72	1:30:09	2.57	0:32:16	2:02:25	1.89
2000	2029.745	8.78	0:50:43	2.4	0:08:17	0:59:00	2.06
1750	6826.091	29.53	1:58:51	3.45	0:10:28	2:09:19	3.17
1500	3630.816	15.71	1:07:40	3.22		1:07:40	3.22
Total :	16.352 Km	70.73 %	5:27:23 h	3 Km/h	0:51:01 h	6:18:24 h	2.59 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.433	0:02:38	1319	0:36:13	0:36:13	1.433
6.615	0:05:20	1920	2:07:11	1:30:58	5.182
10.012	0:08:17	2126	3:38:27	1:31:16	3.397
12.563	0:26:58 > 10´	2481	4:41:54	1:03:27	2.55
14.179	0:05:18	2357	5:50:53	1:08:59	1.616
15.685	0:05:08	1970	6:25:25	0:34:32	1.506
Total :	0:53:39 h				

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